

Conference Together for a healthy lifestyle

22.5. – 23.5.2024

AGENDA 1. DAY – Orhideja Hall, UHotel, Miklošičeva 1, Ljubljana

14:00 – 15:00 – Round table for the media

15:00 – 15:30	Arrival and registration
15:30 – 15:50	Welcome speeches <i>State Council of the Republic of Slovenia</i> <i>Office of the President of the Republic of Slovenia</i> <i>WHO</i> <i>Ministry of Health</i> <i>National Institute of Public Health</i>
15:50 – 16:05	National program Dober tek, Slovenija <i>Ministry of Health</i>
16:05 – 16:20	Situation in Croatia <i>Sanja Mušič Milanović</i>
16:20 – 16:40	New knowledge and a look into future <i>Nada Rotovnik Kozjek, NIJZ, Tadej Battelino, SAZU</i>
16:40 – 17:10	Break
17:10 – 17:30	Zagreb declaration <i>Aleš Musar, Sanja Mušič Milanović</i>
17:30 – 17:45	WHO Acceleration plan to STOP obesity and role of WHO Country Office <i>Melita Vujnović, Jullienne Williams, WHO</i>
17:45 – 18:15	Discussion
18:15	End of meeting

AGENDA 2. DAY – Glass Hall, Grand Hotel Union, Miklošičeva 3, Ljubljana

08.30 – 09:00	Arrival and registration	
09:00 – 09:10	Welcome speeches	
	State Council of the Republic of Slovenia	
	Office of the President of the Republic of Slovenia	
	WHO	
	Ministry of Health	
	National Institute of Public Health	
09:10 – 10:40	Management of obesity I	
	- SPDI Tool	<i>Jullianne Williams, WHO</i>
	- Portuguese experience	<i>Maria Joao Gregorio, DGS</i>
	Presentation of Slovenian programs:	
	- Program ZDAJ and family treatment	<i>Polonca Truden Dobrin, NIJZ</i>
	Round table:	
	- Moj izziv	<i>TBC</i>
	- Healthy lifestyle school program	<i>Irena Štucin Gantar, Tina Kaparić Kersnik, BOŠ</i>
	- Slovenian network of healthy schools	<i>Vesna Pucelj, NIJZ</i>
	- Pediatric clinic – tertiary treatment program	<i>Primož Kotnik, UKC LJ</i>
	- Q & A	
10:40 – 11:10	Coffee break	
11:10 – 12:00	Management of obesity II	
	- Nutrition in management of obesity	<i>Ana Karin Kozjek</i>
	- Treatment of obesity in adults at the primary level	<i>Andrea Backovič Juričan, NIJZ, Milena Blaž Kovač, ZD LJ</i>
	- Obesogenic chemicals	<i>Vesna Viher Hrženjak, NIJZ</i>
	- Q & A	
12:00 – 12:30	Launch WHO Policy Brief Taxation	
	- Franco Sassi, Clare Farrand	
	- Q & A	
12:30 – 13:15	Regulation in the field of nutrition policies	
	- Portuguese experience, Best-ReMaP outcomes and JA Prevent NCD	<i>Maria Joao Gregorio, DGS, Mojca Gabrijelečič, NIJZ</i>
	- Reflection on Slovenian conditions	<i>AKOS, TBC</i>
	- Reflection by young people	<i>Nassim Djaba, NoExuse Slovenia</i>
	- Q & A	
13:15 – 14:00	Standing lunch	

14:00 – 14:50	Breastfeeding	
	- Breastfeeding advocacy: midwifery as support for physiological processes at the threshold of motherhood	<i>Zalka Drglin, NIJZ</i>
	- UNICEF	<i>TBC</i>
	- Ja Prevent NCD	<i>Kristina Petrovič, Nastja Šivec, NIJZ</i>
	- Breastfeeding support groups	<i>TBD</i>
	- Q & A	
14:50 – 15:45	Physical activity	
	- Social participation in facilitating physical activity	<i>Urška Erklavec, NIJZ</i>
	- Nutrition for physical activity	<i>Nada Rotovnik Kozjek, OI</i>
	- SloFit	<i>TBD</i>
	- Young people's reflection on physical activity	<i>TBD</i>
	- Q & A	
15:45 – 16:15	Discussion	
	- Guided discussion with participants	<i>MoH in NIJZ</i>
	- Reflection of WHO	<i>Jullianne Williams, WHO</i>
16:15 – 16:30	End of meeting	<i>Mojca Gabrijelčič, NIJZ</i> <i>Aleš Musar, UPRS</i> <i>Marjeta Recek, MoH</i>